

Cardiologists:

Dr. Alexandra Bojcevski

Dr. Marian Kotrec

Dr. Adnan Kazi Hameed

Dr. Jasmine Lamba

Dr. Nigel Tan

Referrals will be distributed to the first available cardiologist. Exceptions based on clinical need or the request of referring MD.

Patient Information			Referring Physician	
Last Name	First Name		Name	Address
Home Phone	Alternate Phone		Office Phone	Office Fax
HCN	Gender <input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> Other	DOB	Physician Billing and CPSO Number	

CONSULTATION

Urgent (less than 2 weeks) Routine

CARDIAC ULTRASOUND

Preparation: ♦No preparation required

Echocardiogram

CARDIAC MONITORING

Preparation:

- ♦No body lotion 24 hours prior to test
- ♦No bathing or swimming while wearing monitor

Holter Monitor:

24 H 48 H 72 H
 1 week 2 weeks

Ambulatory Blood Pressure Monitor:

24 H
 ♦ \$70 charge for this study as uninsured by OHIP

STRESS TESTING

Preparation:

- ♦No food / drink / smoking for 2 hours prior to test
- ♦Comfortable clothes ♦Walking / running shoes
- ♦Current medication list

Contraindications:

- ♦Patient unable to walk ♦Severe Valvular Stenosis
- ♦Left Bundle Branch Block ♦Permanent Pacemaker
- ♦Acute MI / Unstable Angina ♦Decompensated CHF
- ♦Aortic Dissection ♦Acute Pericarditis and Myocarditis

Physician:

If safe, hold nitrates, calcium channel blockers and beta blockers for 24 hours, and erectile dysfunction medications for 48 hours before stress test.

Exercise Stress Test

Exercise Stress Echocardiogram

Dobutamine Stress Echocardiogram

Cardiology consult or discussion with cardiologist required before test.

CLINICAL HISTORY:

Please provide a clinical history for requested appointments.
 If a consultation is requested, please forward relevant medical history and medication list.

 Doctor's Signature

 Date

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