

Dr. Elvira Bangert, M.D., F.R.C.P.C
Rheumatology/Internal Medicine
353 Lake Street, Unit 15
St. Catharines, ON L2N 7G4
phone: (905) 685-7555
fax: (905) 646-2442

1. REFERRAL PRIORITY:

- The triage category will affect the timeframe in which the patient is offered an appointment

Please circle one of the below:

IMMEDIATE

Recommended conditions:

- Giant cell arteritis
- Acute, unwell SLE
- Acute, unwell Vasculitis
- Septic arthritis

URGENT

Recommended conditions:

- Polymyalgia rheumatica
- Rheumatoid Arthritis
- Gout
- Inflammatory polyarthritis
- SLE
- Myositis/Inflammatory Myopathy
- Ankylosing spondylitis
- Scleroderma

ROUTINE

Recommended conditions:

- Osteoarthritis
- Soft tissue rheumatism
- Fibromyalgia
- Other chronic pain syndromes

2. REFERRAL WORK-UP:

Inflammatory Polyarthritis

- RF
- anti-CCP
- ESR
- CRP
- XR affected joints
- Ultrasound affected joints
- CBC, creatinine, LFTs

Inflammatory Monoarthritis

- Arthrocentesis with synovial fluid analysis
- Uric acid
- ESR
- CRP
- XR affected joints
- Ultrasound affected joints
- CBC, creatinine, LFTs, lactate

Connective Tissue Disease:

(SLE, Scleroderma, Myositis, Sjogren's syndrome)

- ANA
- ENA
- ESR
- CRP
- anti-dsDNA, C3 and C4
- XR affected joints
- CBC, creatinine, LFTs, urinalysis

Vasculitis

(TAK, GCA, PAN, GPA, Behçet's, EGPA, MPA, IgA)

- ESR
- CRP
- urinalysis
- CT, MRI, ultrasound
- cryoglobulins
- XR affected joints
- CBC, creatinine, LFTs, lactate, ALP, VBG

- Osteoarthritis**
(SLE, Scleroderma, Myositis, Sjogren's syndrome)
 - ESR
 - CRP
 - XR affected joints
 - CBC, creatinine, LFTs, urinalysis

- Seronegative spondyloarthropathies**
(PsA, IBD, reactive arthritis, AS)
 - ESR
 - CRP
 - XR affected joints
 - CBC, creatinine, LFTs

- Osteoporosis:**
 - BMD
 - Calcium, phosphate
 - TSH
 - CRP
 - 25(OH)VitD
 - XR affected joints
 - CBC, creatinine, LFTs

- Chronic pain/Fibromyalgia**
 - ESR
 - CRP
 - TSH
 - XR affected joints
 - CBC, creatinine, LFTs
 - 25(OH)VitD

Clinical History:
Additional Investigations:
Ordering Physician Information: _____ Physician Billing Number: _____ _____ _____



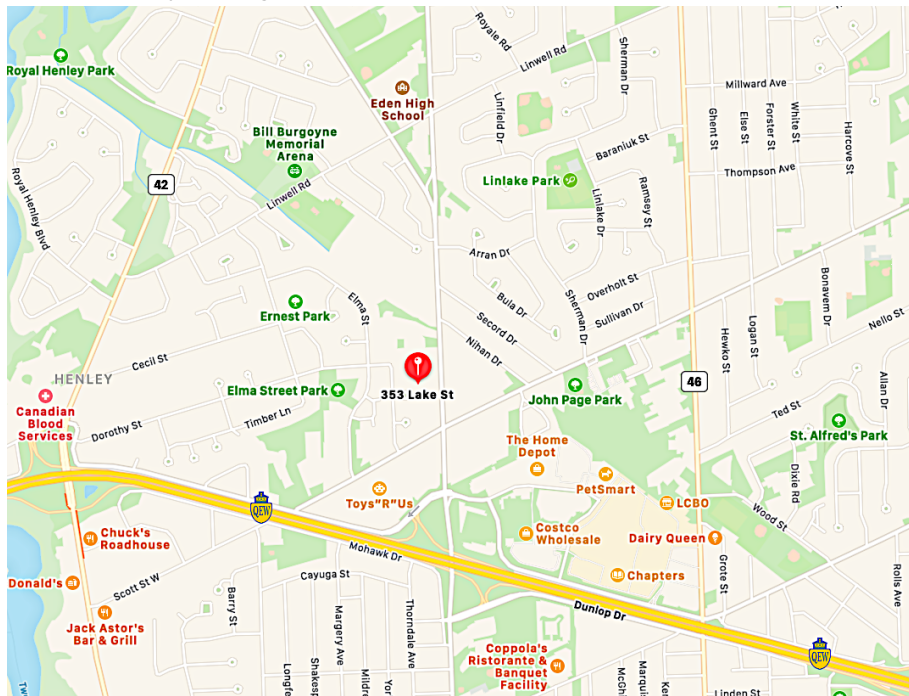
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The Emergency Department has referred you to Dr Elvira Bangert, a specialist in Internal Medicine and Rheumatology (diseases of the joints and connective tissues). While her office will contact you, we recommend that you call the office in 2-3business days if you do not hear from them.

Her clinic is situated at 9 Court Street Medical Centre in downtown St. Catharines, just off St Paul St.

If before your appointment you think you are getting worse, please return to the Emergency Department for reassessment. Make sure you have discussed this and any other questions you have with the ER doctor or Nurse before you leave the ED.

Your family doctor is the best way to access medical care and acts as the central person in your overall healthcare. If you do not have a family doctor, we strongly advise you to get one. You can find help at www.niagaradocs.ca or by calling Healthcare Connect Ontario at 1-800-445-1822. The city of St Catharines provides similar information on their website www.stcatharines.ca or by calling 905.359.6043.



PLEASE GIVE TO THE PATIENT PRIOR TO DISCHARGE FROM ED