

Your child has been given an appointment at the Pediatric Acute Referral Clinic (PARC) in the next 1 to 3 days. If you have any questions, ask your doctor or nurse.

The appointment is on: Date _____ Time: _____

Where to Go and How to Get There:

The clinic is in 4B Children's Health, in the Marotta Family Hospital (1200 Fourth Avenue, St Catharines).

- Please arrive 15 minutes early to sign in.
- When you enter the hospital, follow the blue line on the floor to the main elevators
- Take the elevator to the 4th floor.
- Turn left into 4B Children's Health and go to the desk. The staff will help you.

What to Bring:

- Your child's health card
- Any medicines your child is taking

- The yellow vaccine (immunization) record
- Diapers if your child uses them
- Snacks and toys or games for your child

If Your Child Gets Worse:

Go to your **closest Emergency Room or Urgent Care Centre** for help

Need to Cancel?

If you can't come to the appointment, please call the clinic as soon as possible at 905-378-4647 ext. 41311

This helps us give the appointment time to another child who needs it.

Your Family Doctor:

Your family doctor helps take care of your child's health.

If you don't have a family doctor, you can find one in these ways:

- Contact Healthcare Connect Ontario at 1-800-445-1822 or health811.ontario.ca
- Use this QR code to find a list of available doctors

